



The main treatment options for localised prostate cancer are shown in the diagram above.

What will happen after my treatment?

To help make sure that your treatment has been successful, your specialist team will monitor your response to the treatment closely for the first few months after treatment. You will then continue to have yearly PSA tests.

For many men with localised prostate cancer their treatment will get rid of the cancer, but in some cases a few cancer cells may be left after the treatment and you may need more treatment. For more information about treating prostate cancer that has returned, read our booklet, **Recurrent prostate cancer**. You can speak to a specialist nurse by calling our confidential Helpline on 0800 074 8383.

Where can I get support?

If you have recently been diagnosed with prostate cancer and are facing decisions about treatment, support is available and there are many people who can help you and your family. It can be an overwhelming time and you may find it difficult to know how to make a decision about your treatment.

Talk to your doctor or specialist nurse if you have any questions or concerns. They can help to answer your questions as well as provide support. You and your family may find that it helps to speak to someone who has been through a similar experience. Ask your specialist nurse if there is a support group near you.

If you, your partner or your family have any questions about diagnosis or treatments for prostate cancer you can call our confidential Helpline to speak to a specialist nurse. Call 0800 074 8383.

The Prostate Cancer Charity makes every effort to make sure that its services provide up-to-date, unbiased and accurate facts about prostate cancer. We hope that these will add to the medical advice you have already been given and will help you to make any decisions you may face. Please do continue to talk to your doctor if you are worried about any medical issues.

The Prostate Cancer Charity funds research into the causes of, and treatments for, prostate cancer. We also provide support and information to anyone concerned about prostate cancer. We rely on charitable donations to continue this work. If you would like to make a donation, please call us on 020 8222 7666.

The Prostate Cancer Charity
First Floor, Cambridge House,
100 Cambridge Grove, London W6 0LE
Email: info@prostate-cancer.org.uk
Telephone: 020 8222 7622

The Prostate Cancer Charity Scotland
Unit F22-24 Festival Business Centre,
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Website: www.prostate-cancer.org.uk

	Free and confidential Helpline 0800 074 8383* Mon - Fri 10am - 4pm, Wed 7pm - 9pm
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Email: helpline@prostate-cancer.org.uk

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* Calls are free of charge from UK landlines. Mobile phone charges may vary. Calls may be monitored for training purposes. Confidentiality is maintained between callers and The Prostate Cancer Charity.

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References to sources of information used in the production of this fact sheet are available on our website.

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